Take a Stand!
Learn about Sitting & Brain Health

Undergraduate Research Opportunity
Physical Activity and Neurocognitive Health (PNC) Lab
Department of Kinesiology and Community Health

Starting Fall 2022
Minimum 2 semesters
Open to students across Campus

Skills You Gain

Research Skills

- Data collection
  ✓ deliver a SITLess intervention
  ✓ assist with collecting EEG data
  ✓ measure blood pressure
  ✓ process blood samples
  ✓ take a DXA body scan
  ✓ administer cognitive tasks
  ✓ administer neuropsychological tests
  ✓ assist with a maximal exercise test
    … and more!
- Research administration
- Data processing

Transferable Skills

- Team work
- Effective communication
- Problem solving
- Time management
- Organization
- Attention to detail
- Social media promotion

Opportunities to get involved in ongoing science projects!

To Learn More Visit:
http://publish.illinois.edu/physical-activity-and-neurocognitive-health/join-our-lab/

To apply: https://forms.gle/CJD67tSxEEECGhT37

Questions?
Email Dr. Pindus: pindus@illinois.edu

Applications are ongoing!